

Institute of Food and Agricultural Ethics (IFAE)

Bishops House Campus, Thamarassery
Kozhikode - 567673

Institute of Food and Agricultural Ethics (IFAE) is a venture to promote the study and research in the field of Food and Agricultural Ethics/ We are first of its kind in India which is exclusively dedicated for the study and research in the field of food and agricultural ethics. We are trailblazers to bring ethics as an integral part of food and agricultural sciences.

The subjects of diet, food, nutrition and health have become more widely-discussed and studied worldwide than ever before.



Scientific studies have shown that our eating choices have the power to influence every aspect of our physical and psychological wellbeing and unbalanced diet can cause a lack of energy, problematic weight gain, and a variety of digestive problems, increasing the chance of developing potentially fatal diseases, cancer, heart disease, diabetes, hypertension, stroke, and obesity is the consumption of unhealthy food.



POST GRADUATE DIPLOMA IN NUTRITIONAL COUNSELLING AND DIET THERAPY (PDNCDT)

The World Health Organization (WHO) estimates that 16 million people worldwide succumb to lifestyle diseases/non-communicable diseases prematurely every year, putting the entire world on the verge of a public health disaster. The modern medical research shows that the prevention and treatment of lifestyle diseases and many other diseases to an extent depends upon proper dietary habits. As the value of a healthy diet becomes more widely recognized, nutrition is emerging as an important discipline. At this juncture, Institute of Food and Agricultural Ethics (IFAE) offers a comprehensive programme on Nutritional Counselling and Diet Therapy. This programme helps you to become a change maker of unhealthy food habits of the society.

The Post Graduate Diploma in Nutritional Counseling and Diet Therapy is focused on building the professional, practical, and research abilities necessary to build a successful career as Nutritional Counsellor in a variety of positions within the public health and educational institutions

SYLLABUS/COURSE CONTENT

POST GRADUATE DIPLOMA IN NUTRITIONAL
COUNSELLING AND DIET THERAPY (PDNCDT)

Paper No.	Title
AU 101	Human Physiology
AU 102	Human Nutrition
AU 103	Human Nutrition II
AU 104	Principles of Nutrition
AU 105	Diet Therapy
AU 106	Pediatric Nutrition
AU 107	Sports Nutrition
AU 108	Nutrition for Weight Loss
AU 109	Special Diets
AU 110	Counselling: Basic and advanced skills
AU 111	Nutritional Psychology (Nutrition & Mental Health)
AU 112	Ayurvedic Food and Nutrition

“ MAN IS WHAT HE EATS”

ELIGIBILITY

Any Degree from Approved University

DURATION

ONE YEAR

FEES STRUCTURE FOR ONE YEAR:

39,000/-

(PAYMENT CAN BE MADE IN
TWO SEMESTERS)

**ENROLLMENT FEE:
500/-**

(UNIVERSITY, TUITION AND EXAMS
FEES, TEXT BOOKS INCLUDED)



REQUIRED DOCUMENTS:

COPY OF AADHAAR

PLUS TWO CERTIFICATE

DEGREE CERTIFICATE

RECENT / CLEAR
PASSPORT SIZE PHOTO (THREE)

SSLC
(FRONT PAGE AND MARK SHEET)

PLEASE SEND COPIES TO
EMAIL: IFAEINDIA@GMAIL.COM

Course Director:

Manoj Thomas MSc, PhD

Course Coordinator:

Bijo Abraham MSW

Dead Line for Registration: August 10th 2023

Course Start Date: 25th August 2023

Mode of Education: Regular classes (online)

Certificate: Arunodaya University, Arunachal
Pradesh (UGC Recognized).

Number of Seats: 50 in each batch

Mode of Communication: English

Intensive Practicum: 10 days (residential)

Course Duration: One year (Two Semesters)

Exam: Yearly

Name: Institute of Food and Agricultural
Ethics(IFAE)

Bank: Federal Bank

Branch: Thamarassery

Account Number: 14140100243037

IFSC: FDRL0001414

Account
Details

FOR
MORE
DETAILS

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